

MANSOUREH TOGHA

*Current Rank/Department: Professor / Neurology
Tehran University of Medical Sciences*

Contact Information:

Academic Rank: Professor

Department: Neurology

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Education:

1989 – 1993

Course of Specialty in “Neurology”

*Tehran University of Medical Sciences
Tehran – Iran*

1979 – 1988

General Medicine (MD)

*Shiraz University
Shiraz – Iran*

Highlighted Educational/Occupational Qualifications:

Headache and facial pain

Professional Society Membership:

1988 – Present The Iranian Medical Organization

2008 – Present The International Headache Society

2007 – Present The American Headache Society

1994-Present

The Iranian Neurologists' Society

1998-Present

The Iranian Multiple Sclerosis Society

Work Experience:

Executive Activities

- **2012- present:** *Member of board of directors of Iranian Neurological Association*
- **2006 – Present:** *Member of the Research Committee, The Iranian Center of Neurological Research*
- **2002 – Present:** *Member of residents' course planning team, Ministry of Health, Treatment and Medical Education*
- **2002 – Present:** *Expert of the Forensics Organization, Forensics Organization*
- **1998 – Present:** *Member of the examining board of the residents' promotions, Ministry of Health*
- **1998 – Present:** *Member of the Iranian Medical Council for Legal Issues*

Editorial Positions

- *Section Editor of Iranian Journal of Neurology (since 2012)*
- *Member of editorial board of Iranian Journal of Neurology (since 2002)*
- *Referee of*
 - *“ Medical Journal of Tehran University” (Farsi & English Editions) (Since 2002)*
 - *“Archives of Internal Medicine” (Since 2004)*
 - *“Iranian Journal of Radiology” (Since 2007)*
 - *Iranian Journal of Neurology” (2000)*
 - *Iranian Journal of Psychiatry”(2013)*
 - *Iranian Journal of Child Neurology”(2013)*

Chair of International / National Headache Congresses

- *Chair of The 5th Iranian International Headache & 1st Headache and Pain Congress, Wed, Oct 11 ~ Friday, Oct 13, 2017, Tehran, Iran.*
- *Scientific Secretary of the 4th Iranian International Headache Congress, September 16-18, 2015*
- *Chair of The First Iranian Headache Seminar, April 16-17, 2009*
- *Chair of 20th Iranian Congress of Neurology and Electrophysiology, April 30-May 03, 2013*

Clinical Activities

1994 – Present

TEHRAN UNIVERSITY OF MEDICAL SCIENCES

Neurologist

Tehran -Iran

1993-1994

UNIVERSITY OF REHABILITATION

Neurologist

Tehran – Iran

Teaching Service

2011 – Present

TEHRAN UNIVERSITY OF MEDICAL SCIENCES

Professor –

Neurology

Tehran – Iran

2005 – 2011

TEHRAN UNIVERSITY OF MEDICAL SCIENCES

Associate Professor – Neurology

Tehran – Iran

1993 – 2005

TEHRAN UNIVERSITY OF MEDICAL SCIENCES

Assistant Professor – Neurology

Tehran – Iran

Thesis:

1. *Alaei Maryam, plasma proteome pattern analysis in migraineurs during attack in compared to interictal phase, MSc Degree, 2018 , (advisor)*
2. *Fahimeh Martami, Multi-species probiotic mixture supplementation in episodic migraine- a double blind randomized controlled trial, MSc Degree, 2017, (Supervisor)*
3. *Maryam Seyfishahpar, Multi-species probiotic mixture supplementation in chronic migraine- a double blind randomized controlled trial, MSc Degree, 2017, (Supervisor)*
4. *Hanif, H, the prevalence of Headache in Behçet's patients referred to rheumatology clinic, shaariati hospital and comparison with normal population, 2010 (1388) (Advisor) .*

5. *Mansour afshar, B, evaluation of the hemorrhagic transformation in the infarction region of CT scans of the acute ischemic stroke patients, sina hospital 2014-2015, 2014 (advisor)*
6. *Mansouri, H, The investigation of the mindfulness and acceptance based treatments (MBCT) as well as drug therapy in treatment of migraineurs compared to drug therapy alone, 2015 (advisor)*
7. *.Jafari, M, the effect of ischemic compression on the clinical symptoms of cervicogenic headache and elastic behavior of active trigger points in the sternocleidomastoid muscle using ultrasound imaging, 2016 (advisor)*
8. *Hatef, B, The comparison of the extremely low frequency electromagnetic field with propranolol in refractory migraine headaches: a randomized, single-blinded, placebo-controlled, parallel group, 2014 (advisor)*
9. *MAddahian, A, Effect of golghand (an Iranian traditional medicine product) on treatment of migraine headache , 2016 (Supervisor)*
10. *Darvish A, Compare emotional intelligence in patients with episodic headaches, headaches caused by an overdose of the drug and the control group, General Medicine”, 2016 (Supervisor)*
11. *Khorosha, F. The Association Between Dietary Patterns and The Severity Of Pain In Migraine Patients, MSc Degree, 2016 (Supervisor)*
12. *Farbod A, Evaluation of prevalence and characteristics of cranial autonomic symptoms in migraineurs referred to a private clinic from 2011 to 2015, General Medicine”, 2016 (Supervisor)*
13. *Shirbacheh K, The Prevalence of migraine in the patients with idiopathic intracranial hypertension (IIH) and comparison with normal population, General Medicine”, 2016 (Supervisor)*
14. *Abasi Khoshsirat N, Headche types and Frequency of headache in MS patients during attacks in comparison to remission phase, Specialty Course of “Neurology”, 2015 (Supervisor)*
15. *Mohseni N, Personlity traits in patients with chronic migraine, General Medicine, 2014 (Supervisor)*

16. *Nekooei S, Personality traits in patients with medication overuse headache, General Medicine, 2014 (Supervisor)*
17. *Taghvaei Zahmatkesh E, Celexib versus prednisolon on bridge state of Medication Overuse Headache, Specialty Course of "Neurology", 2013 (Supervisor)*
18. *Abdolahi M, Sexual dysfunction in married women with migraine headache, General Medicine, 2013 (Supervisor)*
19. *Fazljoos SMB. Headache associated with gastrointestinal symptoms, Specialty Course of "Traditional Medicine", 2013 (Supervisor)*
20. *Alizade A, The effect of GON block in Medication Overuse Headache, Specialty Course of "Neurology", 2012 (Supervisor)*
21. *Shahbazi N, Headache frequency in MS patients, General Medicine, 2011 (Supervisor)*
22. *Ahmadi Sanaz, Quality of life in MS patients, Specialty Course of "Neurology", 2011 (Supervisor)*
23. *Jafari F, Lipoprotein A level in patients with ischemic stroke patients compare to Patients with brain injury, Specialty Course of "Neurology", 2011 (Advisor)*
24. *Alami S, Cardiovascular risk factors in Migraine with aura patients, General Medicine, 2011 (Supervisor)*
25. *Ramezani M, Sodium valproate versus Topiramate in children with migraine, General Medicine, 2011 (Advisor)*
26. *Najafi Z, Cinnarizine versus topiramate in the Prophylaxis of Migraine in Children, Specialty Course of "Pediatrics", 2011 (Advisor)*
27. *Momtaz S, Vestibular tests in patients with migraine, Master's Degree, 2011 (Advisor)*
28. *Sabeti S, Evaluating patients with TIA, by diffusion weighted MRI, Specialty Course of "Neurology", 2010 (Supervisor)*
29. *Ziaei M, The causal role of right frontopolar cortex in moral judgment, negative emotion induction, and executive control, Master's Degree, 2010 (Advisor)*
30. *Namakian F, Serum plasma level in ischemic stroke, Specialty Course of "Neurology", 2009 (Supervisor)*
31. *Mousalrezaie A, Evaluating patients with acute isolated vertigo accompanied by at least one cardiovascular risk factor, by diffusion weighted MRI, Specialty Course of "Neurology", September 2008 (Supervisor)*
32. *Asa, S, Comparing the effectiveness and complications of Cinarizine and*

- propranolol in controlling migraine headaches in children and adolescents between 6-17, General Medicine”, 2008 (Supervisor)*
33. *Hamidian Y & Namazi N, Evaluating the frequency of Celiac Disease in patients with cerebellar ataxia with an unknown origin, General Medicine, 2007 (Supervisor)*
 34. *Haghighat A, Determining morbidity and mortality rates following carotid endarterectomy, General Medicine, 2007 (Supervisor)*
 35. *Kaviani MR, Evaluating the prevalence of CMV in patients with ischemic brain stroke in Sina hospital (2005-2006), Course of “Neurology”, 2007 (Advisor)*
 36. *Azimi Salehin AR, Comparing EEG and CT scan differences in diagnosing ischemic brain stroke in patients referred to Sina hospital from 2005 to 2006, Course of “Neurology”, 2007 (Advisor)*
 37. *Janati A & Nourian AR, Evaluating cognitive performances of prefrontal using WCST and IGT psychological tests in patients with relapsing-remitting Multiple Sclerosis, General Medicine, Fall 2006 (Supervisor)*
 38. *Mahmoudian R, Evaluating hospital outcomes of patients with Myasthenia Crisis in Sina & Imam Khomeini hospitals (1999-2004), General Medicine, 2006 (Supervisor)*
 39. *Ahmadi B, Comparing the lipid profile of patients with brain hemorrhage and ischemic stroke, Specialty Course of “Neurology”, 2006 (Supervisor)*
 40. *Khorram M, Evaluating warning symptoms and signs of sub-arachnoid hemorrhage, General Medicine, 2006 (Supervisor)*
 41. *Sharifpour A, Evaluating electrocardiographic changes in patients with brain ischemic accidents, brain and sub-arachnoid hemorrhage hospitalized in the Neurology ward of Sina hospital, General Medicine, 2006 (Supervisor)*
 42. *Jamadi MH, Evaluating a 24-hour rest on preventing post lumbar puncture headache, Specialty Course of “Neurology”, 2003 (Supervisor)*
 43. *Ashrafian H, Effect of Citicolin in brain stroke patients, Specialty Course of “Neurology”, 2002 (Supervisor)*
 44. *Tondgouyan H & Dehghanzadeh F, Evaluating spontaneous intracerebral hemorrhage outcome in Sina Hospital, General Medicine, 2001 (Supervisor)*
 45. *Mehdizadeh E & Tahmasbi S, Causes of coma & its prognosis in Sina Hospital, General Medicine, 2001 (Supervisor)*
 46. *Parchehbaf N, Evaluating cases of myasthenia Crisis in Sina and Imam Khomeini*

Hospitals, General Medicine, 2001 (Supervisor)

47. Shafizadeh N, *Evaluating the prevalence and features of headaches in medical students, General Medicine, 2001 (Advisor)*
48. Soleimanpour HR, *The Molecular evaluation of common mitochondrial mutations in patients suspicious of LHON and MERRF, Master's Degree, 2001 (Advisor)*
49. Vosoughi R, *Epilepsy and driving, Specialty Course of "Neurology", 2000 (Advisor)*
50. Ghaffari S, *Evaluating the median nerve nervous conduct state in normal people, General Medicine, 2000 (Advisor)*
51. Fattah A, *Evaluating the frequency of clinical representations in non-traumatic sub-arachnoid hemorrhage (SAH) in Sina hospital, General Medicine, 2000 (Advisor)*
52. Mousavivand M, *The comparative study of migraine and cluster headaches, General Medicine, 1999 (Supervisor)*
53. Abdollahi M & Kazemi M, *Evaluating the prevalence of diabetic neuropathy in patients referred to the diabetes clinic of Shariati hospital, General Medicine, 1999 (Supervisor)*
54. Saedi Khameneh E, *Evaluating the prevalence of important brain diseases in patients with non-acute headaches and risk factors and determining the relationship between the prevalence of lesions and risk factors, Specialty Course of "Neurology", 1999 (Advisor)*
55. Asadi Karam, *Evaluating hypocalcemic paralyzes patients, Specialty Course of "Neurology", 1999 (Advisor)*
56. Ghodsi M, *The comparative study of motor skills between 6-7 year old boys and girls, Master's Degree, 1997 (Advisor)*
57. Rahmat Jirdeh M, *Comparing treatment responses in familial and sporadic myoclonic epilepsy referred to Sina hospital, Specialty Course of "Neurology", (Advisor)*

Research Interests:

- Headache
- Face Pain

Research Projects:

Ongoing

- Detection of biomarkers involved in episodic and chronic migraine disease in animal

models and human, Proposal number 957537, Ethical code IR.NIMAD.REC.1396.054

- *Prevalence of headache in Iran 2016-2017, Proposal number 95-03-54-34317, Ethical code IR.TUMS.IKHC.REC.1396.3459*
- *Evaluation of antioxidant status, indices of oxidative stress and inflammation during ictal and interictal periods of migraine patients in comparison with chronic migraine patients, Proposal number 95-03-54-34008, Ethical code IR.TUMS.VCR.REC.1396.2270.*
- *Evaluation of serum levels of Vitamin B12, methyl malonic acid and vitamin D in addition to dietary intake of vitamin B12 and vitamin D in patients with migraine in comparison to healthy controls, Proposal number 95-02-54-33302, Ethical code IR.TUMS.IKHC.REC.1396.2468*
- *Evaluating the effects of lisinopril in comparison to placebo on chronic migraine, Proposal number 95-04-54-3326, Ethical code IR.TUMS.VCR.REC.1395.1418.*
- *Headaches types and characteristics in patients older than 50 years in selected neurology clinics 2016-2017, Proposal number 95-04-54-33269, Ethical code IR.TUMS.VCR.REC.1395.1363.*
- *Comparison of prophylactic effect of venlafaxine and topiramate in patients with chronic migraine: an open label randomized controlled trial, Proposal number 96-01-54-24162, Ethical code IR.TUMS.IKHC.REC.1396.3516.*
- *The efficiency of Immunogenicity and preventing impactation in trigeminal ganglion of kinase essence in increasing DNA Vaccine immune responses against herpes simplex type 1 in rat model BALB/c*

Completed

- *The evaluation of headache frequency and its characteristics in acute relapses compare to remission phase in MS patients*
- *The evaluation of prophylactic and therapeutic effects of Genistein and didizein extracted from soy bean on allergic encephalitis in mice.*
- *The prevalence of cardiovascular risk factors in Migraine without aura patients compared to normal people*
- *The effect of low-frequency electromagnetic fields on quality of life factors in patients*

with treatment-resistant migraine

- *The effect of Greater Occipital Nerve (GON) on pain killer headaches of patients referred to Sina Hospital (2010-2011)*
- *Effects of Atkin's diets and energy limitation in treating animal models of Multiple Sclerosis (allergic encephalomyelitis) in rats*
- *The prevalence of celiac in patients with an unknown source cerebellar ataxia*
- *The effectiveness and side effects of Cinnarizine Vs. Sodium valproate in controlling migraine headaches*
- *The effect of Aloporniul on treatment-resistant convulsions*
- *The study of the etiology, types and accompanying disorders of brain paralysis*
- *The treatment effect of the combination of Avonex and simvastatin in MS patients through MRI and clinical observations*
- *DW MRI changes in patients presented with isolated acute ataxia*
- *The effectiveness and side effects of Cinnarizine Vs. Propranolol in controlling migraine headaches in children*
- *DW MRI changes in patients presented with transient ischemic attack*
- *Quality of life in epileptic patients*
- *The prevalence of different types of headache in 200 Multiple Sclerosis patients*

Publications:

• Articles

✓ English

1. *Rozita Doosti, Mansureh Togha, Abdorreza Naser Moghadasi, Aida Aghsaei, Amir Reza Azimi, Saeideh Khorramnia, Zahra Moinfar, Fereshteh Ensani, Mohammad Hossein Harirchian, Alireza Minagar, Mohammad Ali Sahraian. Evaluation of the risk of cervical cancer in Multiple Sclerosis patients treated with cytotoxic agents: A cohort study. Iranian Journal of Neurology 2018/4/7, 17(2)*
2. *Fahimeh Martami, Zeinab Ghorbani, Maryam Abolhasani, Mansoureh Togha, Alipasha Meysamie, Alireza Sharifi, Soodeh Razeghi Jahromi. Comorbidity of gastrointestinal disorders, migraine, and tension-type headache: a cross-sectional study in Iran. Neurological Sciences 2018/1/1, 39(1): 63-70*

3. Soodeh Razeghi Jahromi, Maryam Abolhasani, Zeinab Ghorbani, Solmaz Sadre-Jahani, Zahra Alizadeh, Mohammad Talebpour, Alipasha Meysamie, **Mansoureh Togha**. *Bariatric surgery promising in migraine control: A controlled trial on weight loss and its effect on migraine headache. Obesity surgery* 2018/1/1, 28(1): 87-96
4. N Mohseni, **M Togha**, SM Arzaghi, S Nekooie, MF Tafti, F Fatehi. *Personality Traits and Anxiety and Depressive Disorders in Patients With Medication-Overuse Headache Versus Episodic Migraine. The primary care companion for CNS disorders* 14 Dec 2017, 19(6). PMID:29244264..
5. Soveyd N, Abdolahi M, Bitarafan S, Tafakhori A, Sarraf P, **Togha M**, Okhovat A, Hatami M, Sedighiyan M, Djalali M, Mohammadzadeh-Honarvar N. **Molecular mechanisms of omega 3 fatty acids in migraine headache. Iranian Journal of Neurology** 2017;16(4)
6. Fereshte Sadat Mortazavi Nasiri, Shahla Pakdaman, Mohsen Dehghani, **Mansoureh Togha**, *The Relationship between Pain Catastrophizing and Headache-Related Disability: The Mediating Role of Pain Intensity, Japanese Psychological Research*, 2017/7/13.
7. A Maddahian, **M Togha**, S Sahranavard, SM Riahi, S Dehghan, M Movahhed, *Effect of “Gol-e-ghand”, a mixture of rose petals and honey, on migraine attacks: a before-after pilot study, Research Journal of Pharmacognosy (RJP);* 2017/10/133-39.
8. Jafari M, Bahrpeyma F, **Togha M**. *Effect of ischemic compression for cervicogenic headache and elastic behavior of active trigger point in the sternocleidomastoid muscle using ultrasound imaging. Journal of Bodywork and Movement Therapies.* 2017.
9. Mina Abdolahi, Abbas Tafakhori, **Mansoureh Togha**, Ali Asghar Okhovat, Feridoun Siassi, Mohammad Reza Eshraghian, Mohsen Sedighiyan, Mona Djalali, Niyaz Mohammadzadeh Honarvar, Mahmoud Djalali, *The synergistic effects of ω -3 fatty acids and nano-curcumin supplementation on tumor necrosis factor (TNF)- α gene expression and serum level in migraine patients, Immunogenetics* (2017) 69: 371.
10. Entezam M, Amirfiroozi A, **Togha M**, KeRamatipour M. *Comparison of two different PCR-based methods for detection of GAA expansions in frataxin gene.*

Iranian Journal of Public Health. 2017;46(2):222-8.

11. Arabsalmani M, Behzadifar M, Baradaranmd HR, **Toghae M**, Beyranvand G, Olyaeemanesh A, Behzadifar M. **Is herpes simplex virus (HSV) a sign of encephalitis in Iranian newborns? Prevalence of HSV infection in pregnant women in Iran: A systematic review and meta-analysis.** *Iranian Journal of Child Neurology.* 2017;11(2):1-7.
12. Africa L, Margollicci M, Salvatore S, Shalbafan B, Peruzzi L, **Togha M**, Sorrentino V2, Federico A, **Compound heterozygosity in the GALC gene in a late onset Iranian patient with spastic paraparesis, peripheral neuropathy and leukoencephalopathy.** *Neurol Sci.* 2017 May 25. doi: 10.1007/s10072-017-2986-6.
13. Moghaddassi M, **Togha M**, Shahram F, Hanif H, Dadkhah S, Jahromi SR, Mozafari M. **Headache in Behcet's disease: types and characteristics.** *Springerplus.* 2016 Jul 13;5(1):1077. doi: 10.1186/s40064-016-2721-4. eCollection 2016.
14. Razeghi Jahromi S, Ghaemi A, Alizadeh A, Sabetghadam F, Moradi Tabriz H. **Togha M. Effects of Intermittent Fasting on Experimental Autoimmune Encephalomyelitis in C57BL/6 Mice.** *Iran J Allergy Asthma Immunol.* 2016 Jun;15(3):212-9.
15. Jahromi SR, Sahraian MA, **Togha M**, Sedighi B, Shayegannejad V, Nickseresht A, Nafissi S, Mohebbi N, Majdinasab N, Foroughipour M, Etemadifar M, Moghadam NB, Ayramlou H, Ashtari F, Alaie S. **Iranian consensus on use of vitamin D in patients with multiple sclerosis.** *BMC Neurol.* 2016 May 21;16(1):76. doi: 10.1186/s12883-016-0586-3.
16. **Togha M. Iranian international headache congress.2015.** *Iran J Neurol.* 2016 Jan 5;15(1):60-1
17. **Togha M**, Jahanshahi M, Alizadeh L, Jahromi SR, Vakilzadeh G, Alipour B, Gorji A, Ghaemi A. **Rapamycin Augments Immunomodulatory Properties of Bone Marrow-Derived Mesenchymal Stem Cells in Experimental autoimmune Encephalomyelitis.** *Mol Neurobiol.* 2016 Mar 12. [Epub ahead of print]
18. Boshra Hatef, Fahime Hashemirad, Gholam Hossein Meftahi, Leila Simorgh, Soodeh Razeghi Jahromi , Forough Rahimi , **Mansoureh Togha.** **The efficiency of pulsed electromagnetic field in refractory migraine headaches: a randomized, single-blinded, placebo-controlled, parallel group.** *International*

Journal of Clinical Trials. 2016 Feb;3(1):24-31

19. **Mansoureh Togha**, Nahid Abbasi Khoshsiraf, Abdorreza Naser Moghadasi, Faezeh Mousavinia, Mohammad Mozafari, Mohamadreza Neishaboury, Seyed Mahmood Mousavi. **Headache in relapse and remission phases of multiple sclerosis: A case- control study**. *Iranian Journal of Neurology*, 15, 1, 2016
20. Sama Bitarafan, Aliakbar Saboor-Yaraghi, Mohammad-Ali Sahraian, Danesh Soltani, Shahriar Nafissi, **Mansoureh Togha**, Nahid Beladi Moghadam, Tina Roostaei, Niyaz Mohammadzadeh Honarvar, Mohammad-Hossein Harirchian **Effect of Vitamin A Supplementation on fatigue and depression in Multiple Sclerosis patients: A Double-Blind Placebo-Controlled Clinical Trial** *Iranian Journal of Allergy, Asthma and Immunology*;15(1):13-9, 2016
21. **Toghae M**, Rahimian E, Abdollahi M, Shoar S, Naderan M. **The Prevalence of Magnetic Resonance Imaging Hyperintensity in Migraine Patients and Its Association with Migraine Headache Characteristics and Cardiovascular Risk Factors**. *Oman medical journal*. 2015;30(3):203-7.
22. Fahmida Ghaderibarmi, Nader Tavakkoli, **Mansoureh Togha**. **Intravenous Valproate versus Subcutaneous Sumatriptan in Acute Migraine Attack**. *Acta Medica Iranica* 53, 10, 2015
23. Abdollahi M, **Toghae M**, Raisi F, Saffari E. **The prevalence of female sexual dysfunction among migraine patients**. *Iranian journal of neurology*. 2015;14(1):8-11.
24. Tina Roostaei, Mohammad Ali Sahraian, Sara Hajeaghaee, Taha Gholipour, **Mansoureh Togha**, Bahaadin Siroos, Sepideh Mansouri, Zahra Mohammadshirazi, Maryam Aghazadeh Alasti, Mohammad Hossein Harirchian **Impact of Melatonin on Motor, Cognitive and Neuroimaging Indices in Patients with Multiple Sclerosis**. *Iranian Journal of Allergy, Asthma and Immunology*, 14, 6, 589, 2015
25. Bitarafan S, Saboor-Yaraghi A, Sahraian MA, Nafissi S, **Togha M**, Beladi Moghadam N, Roostaei T, Siassi F, Eshraghian MR, Ghanaati H, Jafarirad S, Rafiei B, Harirchian MH. **Impact of Vitamin A Supplementation on Disease Progression in Patients with Multiple Sclerosis**. *Arch Iran Med*;18(7):435-40. 2015
26. Foad Taghdiri, **Mansoureh Togha**, Soodeh Razeghi Jahromi, Farshid Refaein., **Celecoxib vs. prednisone for the treatment of withdrawal headache in patients with medication overuse headache: A randomized, double-blind clinical trial**.

Headache;55(1):128-35, 2015

27. Jalilian R, Ghajarzadeh M, Fateh R, **Togha M**, Sahraian MA, Azimi A. **Comparison of Sleep Quality in Women with Migraine moreover, Multiple Sclerosis.** *Acta Medica Iranica*;52(9):690-3, 2014
28. Ashrafi MR, Najafi Z, Shafiei Ma, Heidari K, **Togha M.**, **Cinnarizine versus Topiramate in Prophylaxis of Migraines among Children and Adolescents: A Randomized, Double-Blind Clinical Trial.** *Iranian Journal of Child Neurology*;8(4):18-27, 2014
29. Momtaz S, Hajiabohassan F, **Togha M**, Jalaie Sh, Almasi A., **Quantitative oculomotor findings in migrainous patients.** *Iran J Neurol*;13(4):250-2.
30. Razeghi Jahromi S , Arrefhosseini SR, Ghaemi A, Alizadeh A, Sabetghadam F, **Togha M.** **Effect of oral genistein administration in early and late phases of allergic encephalomyelitis.** *Iranian Journal of Basic Medical Sciences*;17(7):509-15, 2014
31. Ghaffarpour M, Mohammadianinejad E, Nafissi Sh, Nickseresht A, Shaygannejad V, **Togha M**, Torabi HR, Ziaie Sh., **Islamic fasting and multiple sclerosis.,** *BMC Neurology*,14:56, 2014.
32. Taghdiri F, **Togha M**, Razeghi Jahromi S, Refaeian F., **Cinnarizine for the prophylaxis of migraine associated vertigo: a retrospective study.,** *SpringerPlus* 3 (1), 1-5, 2014
33. Ashrafi MR, Salehi S, Azizi Malamiri R, Heidari M, Hosseini SA, Samiei M,, **Efficacy and safety of cinnarizine in the prophylaxis of migraine in children: A double-blind placebo-controlled randomized trial.,** *Pediatric Neurology*;51(4):503-8, 2014
34. Ghajarzadeh M, Jalilian R, **Togha M**, Azimi A, Hosseini P, Babaei N., **Depression, Poor sleep and sexual dysfunction in migraineurs women.,** *International Journal of Preventive Medicine*;5(9):1113-8, 2014
35. Razeghi Jahromi S, Arrefhosseini SR, Ghaemi A, Alizadeh A, Moradi Tabriz H, **Togha M.** **Alleviation of experimental allergic encephalomyelitis in C57BL/6 mice by soy daidzein.** *Iran J Allergy Asthma Immunol*;13(4):256-64, 2014
36. Bitarafan S, Harirchian MH, Nafissi S, Sahraian MA, **Togha M**, Siassi F,, **Dietary intake of nutrients and its correlation with fatigue in multiple sclerosis patients.,** *Iranian journal of neurology*;13(1):28-32. 2014
37. Karimzadeh P, Rezayi A, **Togha M**, Ahmadabadi F,, **The Best Time for EEG**

Recording in Febrile Seizure., IJCN 8 (1), 20-25

38. Gheini MR, Jafari E, Ahmadi A, **Togha M**, Saidinia S, Moradi M., **Comparison of serum lipoprotein (a) level between non-cardioembolic ischemic stroke and traumatic brain injury.**, *Clinical laboratory*;60(5):701-705., 2014
39. Moghadasi AN, Aghakhani R, Owji M, **Togha M.**, **Pituitary apoplexy presented with optic neuritis.**, *Iranian journal of neurology* 12 (3), 117-118., 2013
40. Eslami V, Rouhani-Esfahani S, Hafezi-Nejad N, Refaeian F, Abdi S, ..., A **computerized expert system for diagnosing primary headache based on International Classification of Headache Disorder (ICHD-II).**, *SpringerPlus* 2 (1), 199., 2013
41. **Togha M**, Sharifpour A, Ashraf H, Moghadam M, Sahraian MA. **Electrocardiographic abnormalities in acute cerebrovascular events in patients with/without cardiovascular disease.** *Annals of Indian Academy of Neurology*, 16 (1), 66, Januaru – March 2013
42. Fazljou SMB, **Togha M**, Ghabili K, Alizadeh M, Keshavarz M. **In commemorating one thousandth anniversary of the Avicenna's Canon of Medicine: gastric headache, a forgotten clinical entity from the Medieval Persia.** *Acta Medica Iranica*, 51 (5), 279-283, 2013
43. Jahromi SR, Abolhassani M, Meysamie A, **Togha M.** **The effect body fat mass and fat free mass on migraine headache.** *Iranian Journal of Neurology*, 12 (1), 2013
44. Darvish H, Heidari A, Hosseinkhani S, Movafagh A, Khaligh A, Jamshidi J, Noorollahi-Moghaddam H, Heidari-Rostami HR, Karkheiran S, Shahidi GA, **Togha M**, Paknejad SMH, Ashrafi H, Abdi S, Ghasemi Firouzabadi S, Jamaldini SH, Ohadi M. **Biased Homozygous Haplotypes Across the Human Caveolin 1 Upstream Purine Complex in Parkinson's Disease.** *Journal of Molecular Neuroscience*, 1-5, 2013
45. Harandi SA, **Togha M**, Sadatnaseri A, Hosseini SH, Razeghi S. **Cardiovascular risk factors and migraine without aura: A case-control study.** *Iranian Journal of Neurology*, 12 (3), 119-120, 2013
46. Bitarafan S, Harirchian MH, Sahraian MA, Keramatipour M, Moghadam NB, **Togha M**, Nafissi S, Siassi F, Eshraghian MR, Mohammadzadeh Honarvar N, Ansari H, Talebi S, Saboor-Yarghi AA. **Impact of Vitamin A Supplementation on RAR Gene Expression in Multiple Sclerosis Patients.** *Journal of Molecular*

Neuroscience, 1-7, 2013

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Farsi

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2. Amir Ghaemi, Shahnaz Babaei, Sedighe Mohammad Ghasemi, Azadeh Sajadian, **Mansoureh Togha**, **Immunomodulatory Role of Mesenchymal Stem Cells Against Multiple Sclerosis**, *The Neuroscience Journal of Shefaye Khatam*, 2(4), 2014
3. Alizade Khatir A, Panahkhahi M, Khage Nasir N, Ramim T, **Toghae M**. **Greater occipital nerve block by bupivacaine/methyl prednisolone vs bupivacaine/normal saline in medication overuse headache**, *Tehran University Medical Journal*, 70(5): 308-313, August 2012
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7. **Toghae M**, Naser-moghadasi A, Mehdipoor-Aghabagher B. **Bickerstaff's brainstem encephalitis: a case report.** *Tehran University Medical Journal*. 2010;68(8):491-495

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9. **Darabi L, Montazeri A, Ebrahimi F, Vahdaninia, Togha M. The effect of social and clinical factors on quality of life in epileptic patients. Paiesh Journal, 2 (9), 2010**
10. **Eslami A, Amiri S, Togha M, Eslami V. Stuttering, unknown causes, looking for treatment. Iranian Journal of Neurology., 8 (1), 476-486. 2009.**
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12. **Razeghi Jahromi S, Togha M, Abedini Parizani M, Khashayar P. The effect of Piridoxin (B6 Vitamin) on reducing signs of premenstruation syndrome in 16 to 45-year-old females. The Iranian Neurology Sciences Seasonal, 5 (13): 12-18, Spring 2006**
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14. **Togha M, Dehghanzadeh F, Tondgouyan H. Evaluating spontaneous intracerebral hemorrhage in Sina Hospital (1999-2001). Hakim Research Journal, 8 (1), Spring 2005**
15. **Togha M, Gheini MR, Jamdi SH. Evaluating a 24-hour rest on preventing post ponction lumber representations. The Iranian Neurological Sciences Journal, Winter 2004**
16. **Togha M, Soltanzadeh A, Abdollahi M, Kazemi M. Evaluating diabetic poly-neuropathy and its effective factors in diabetic patients referred to Diabetes Clinic of Shariati Hospital (September 2006 – September 2007). The Iranian Neurology Sciences Seasonal, 3 (7): 9-16, Summer 2003**
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18. Ashrafiyan H, Togha M, Vosoughi R, Nikkhah K. **Effect of Citicolin in brain stroke patients**. *Medical School Journal, Mashhad University of Medical Sciences*, 77 (45), Autumn 2002
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• **Some of Lectures/Posters in National & International Meetings**

Posters

1. Maryam Seyfi-shahpar, Maryam Abolhasani, Soodeh Razeghi Jahromi, Fahimeh Martami, Zeinab Ghorbani **Mansoureh Togha (presenter), The Effects of Aerobic Exercise on migraine headache intensity**, 18th Congress of the International Headache Society, PO-02-182.
2. **Mansoureh Togha (Corresponding author and presenter)**, Abolfazl Farbod, Zeinab Ghorbani, **The Prevalence and Characteristics of Cranial Autonomic Symptoms (CAS) in Migraine, Patients with or without Aura**, 18th Congress of the International Headache Society, PO-02-157,
3. **Mansoureh Togha (Corresponding author and presenter)**, Kamran Shirbache, Reza Rahmanzadeh, Zeinab Ghorbani, Shirin Behbahani, Farshid refaeian, **Prevalence of Migraine in Patients with Idiopathic Intracranial Hypertension (IIH) in Comparison to the general population**, 18th Congress of the International Headache Society, PO-02-189.
4. Fahimeh Martami, Maryam Seyfi-shahpar, Zeinab Ghorbani, Soodeh Razeghi Jahromi*, **Mansoureh Togha (presenter)**, Hossein Ansari, **Multi-species probiotic mixture can attenuate the severity of episodic migraine- a double blind randomized controlled trial**, 18th Congress of the International Headache Society, PO-02-183.
5. **Mansoureh Togha, A Nasermoghadasi . Headache in relapse and remission phase of multiple sclerosis**. *CEPHALALGIA*, 35,168-168, 2015
6. **Intractable headache with autonomic features in hypophyseal macroadenoma, non-responding to treatment, a case series**. *CEPHALALGIA* ,35 ,133-133, 2015
7. **October 23-25, 11Th Iranian international MS congress 2014: How to manage headaches in MS patients**
8. **September 18-21: EHMTIC 2014. Comparison between celecoxib and prednisolone in bridge stage therapy following medication overuse headache: double blindrandomized clinical trial published in the Journal of Headache and Pain 2014,**

15.

9. **September 18-21 EHMTIC 2014** : *Efficacy and safety of venlafaxine for the treatment of chronic migraine: a randomized, double-blind, controlled trial., published in the Journal of Headache and Pain 2014, 15.*
10. **September 18-21 EHMTIC 2014** : *The effect of body **mass** and **fat** free **mass** on migraine headache published in the Journal of Headache and Pain 2014, 15.*
11. **May 31 - June 3, 2014:** *A cross-sectional study of migraine improvement after diet/exercise-induced weight loss or bariatric surgery, Joint Congress of European Neurology, Istanbul, Turkey*
12. **May 31 - June 3, 2014:** *Cinnarizin in migraine associated vertigo, European Neurology association , Istanbul, Turkey*
13. **May 2014:** *Chronic Migraine, 21th international congress of Neurology and electrophysiology, Tehran*
14. **October 23-25, 2013:** *Headache in MS patients, MS international congress, Isfahan*

15. A. Aghsaie, R. Doosti, A. NaserMoghadasi, H., Naghshineh, M.A. Sahraian, A. Azimi, S. Khoramnia, Z. Moinfar, F. Ensani , **M. Togha**, M.H. , Harirchian, A. Minagar *High incidence of abnormal Pap smear in patients with multiple sclerosis receiving immunosuppressive medications. Multiple Sclerosis Journal* 2013; 19: (S1) 74–558. **P583.**
16. **February 19-21, 2014:** *Cervicogenic headache, 1st Iranian congress of conteroversy in neurology, Kerman*
17. **February 28, 2014:** *work shop of Butulinium toxin in migraine, Isfahan*
18. **December 18-20, 2013 :** *The last International classifications for migraine, Basic and clinical neuroscience, Tehran, Iran*
19. **May 19-22, 2012:** *Chronic headache, 19th international congress of Neurology and electrophysiology, Tehran*
20. **May 19-22, 2012:** *How can manage the medication overuse heaadche, 19th international congress of Neurology and electrophysiology, Tehran*
21. **23-26 June, 2011:** *"Headache in patients with multiple sclerosis, a cross-sectional study" IHS congress Germany*
22. **December 10-13, 2010:** *Epilepsy management in pregnancy, The first international epilepsy congress, Tehran – Iran*
23. **November 3-5, 2010:** *Drug over use headache, 2nd International Headache Congress (Iranian Neurology Association), Tehran – Iran*
24. **October 28-31, 2010:** *Pregabaline in trigeminal neuralgia, 2nd European Headache Congress, Niece – France 189*
25. **July 8-9, 2010:** *Recurrent CVST in next pregnancy, 3rd Iranian stroke congress, Tehran – Iran*
26. **June 14-17, 2010:** *Cerebral reversible vasoconstriction syndrome, 18th Congress of Neurology, Tehran – Iran*
27. **June 19 – 23, 2010:** *Antigliadin antibody in sporadic ataxia, European Neurological Society: Berlin, Germany*
28. **June 19 – 23, 2010,:** *Short term corticosteroid therapy in MOH, European Neurological Society: Berlin, Germany*

29. **June 20 – 24, 2009:** *Isolated vertigo and possibility of brain ischemia: evaluation by Diffusion Weighted Magnetic Resonance Imaging, European Neurological Society, Milan – Italy*
30. **November 2008:** *Pregnancy, breast-feeding and epilepsy, Epilepsy Seminar, Neuroscience Center & Epilepsy Society of Iran, Tehran – Iran*
31. **October 2008:** *Epilepsy, pregnancy and breast feeding, Center of Neuroscience & Iranian Epilepsy Association, Tehran – Iran*
32. **June 7-11, 2008:** *Simvastation treatment multiple sclerosis patients receiving avol blid randomized control trial, 18th meeting of the European Neurological Society, Niece – France*
33. **2008:** *European Neurological Society, Niece – France*
 - a. *Warning Signs and Symptoms of Subarachnoid Hemorrhage*
 - b. *Antiepileptic drugs and GI side effect*
 - c. *The combination therapy of Simvastatin and Avonex in R.R.MS patients*
34. **2008:** *Significant effect of high dose methotrexate on progressive relapsing MS: a case report, EFNS, Madrid – Spain*
35. **2008:** *Treatment of intractable headaches, International Neurological Congress, Tehran – Iran*
36. **2008:** *Sexual dysfunction & neurological diseases (sexual dysfunction), Pain Congress, Iran University & Neurological Research Center, Tehran – Iran*
37. **2008:** *Trigeminal Neuralgia, Pain Congress, Iran University & Iran Neuroscience Center, Tehran – Iran*
38. **2007:** *Faint and syncope, General practitioners symposium, Tehran – Iran*
39. **November 2006:** *The effect of allopurinol on treatment-resistant epilepsies, Epilepsy Seminar, Tehran – Iran*
40. **June 2006:** *Evaluating the effect if cinarizin in treatment-resistant migraines, The 13th International Congress on Iranian Neurologic Diseases & Clinical Electrophysiology, Tehran – Iran*
41. **November 2005:** *Light at the end of the tunnel: memantine, statins, NSIADs and estrogen in treatment of alzheimers disease, The 1st International Congress on Alzhimer, Tehran – Iran*

42. **November 2005:** *Primary progressive multiple sclerosis and its difference with other types, The 2nd International Congress on MS, Tehran – Iran*
43. **May 2005:** *Migraine in children and teenagers, The 12th Congress on Neurology & Clinical Electrophysiology, Shahid Beheshti University, Tehran – Iran*
44. **October 2004:** *Cognitive disorders in MS, MS Seminar, The Iranian Urology Association & The Iranian MS Society, Tehran – Iran*
45. **June 2004:** *Reviewing autoimmune chronic polyneuropathy, The 11th Congress on Neurology & Clinical Electrophysiology, Tehran – Iran*
46. **June 2003:** *Effective drugs for MS patients, The 10th Congress on Neurology & Clinical Electrophysiology, Shahid Beheshti University, Tehran – Iran*
47. **June 2002:** *Evaluating coma cases in Sina Hospital, The 9th Congress on Neurology & Clinical Electrophysiology, Shahid Beheshti University, Tehran – Iran*
48. **June 2002:** *Evaluating crisis cases in myasthenic patients in Sina and Imam Khomeini Hospitals (1991-2000) , The 9th Congress on Neurology & Clinical Electrophysiology, Shahid Beheshti University, Tehran – Iran*
49. **October 2001:** *Radioculopatia and EMG, Electrophysiology Seminar, Tehran University, Tehran – Iran*
50. **June 2001:** *Pregnancy and neurologic diseases, The 8th Congress on Neurology & Clinical Electrophysiology, Iran University, Tehran – Iran*

51. Books

1. *Iranian Textbook of Clinical Neurology. Authors: Scientific Committee of Iranian Neurological Association with Cooperation of Scientific Staffs of Iranian Universities of Medical Sciences (Including Togha M.) Teimourzadeh Publications. 2015*
2. *12 Neurologists including Togha M. Muscle Diseases. 2006*
3. *Togha M. Pregnancy & Neurological Diseases. Tehran University of Medical Sciences Publications, 2004*
4. *Beladi N, Togha M. Neurology Emergencies. Tehran University of Medical Sciences Publications, 2002*
5. *Ebrahimi F, Togha M, Alphabets of electroencephalography*

Grants:

Awards:

Avicenna, Hakim Jorjani award as one of the best university teachers in the field of education

Competencies:

- **Language**

- *Moderate in English*

- **Computer**

- *At ease with computer*
 - *Microsoft Office*
 - *SPSS*