

Soodeh Razeghi Jahromi

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Sina Hospital, Imam-Khomeini St. Tehran

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Education

2007-2010 PhD in Nutrition **GPA:19.3/20.00/ Thesis: 20/20.00**
Tabriz University of Medical Sciences
Tehran/Iran

2004- 2007 M. S.c in Nutritional Sciences **GPA: 18.6/20.00**
Tehran University of Medical Sciences and Health Services
Tehran/Iran

1999- 2004 B. S. in Nutritional Sciences **GPA: 16.3/20.00**
Shaheed Beheshti University of Medical Sciences and Health Services
Tehran / Iran

Short courses

March 2012-March 2013

Nutrition in geriatrics, Tehran University of Medical Sciences

July 2014

Medical education

Experience

March 2015-current

Department of clinical nutrition and dietetics and Food Technology, Faculty of Nutrition Sciences, National Nutrition and Food Technology Research Institute, Shahid Beheshti University of Medical sciences

Assistant professor

Feb 2016-Current

Vista Salamt Pars Company

CEO- Start-up incubated in Shahid Beheshti University of Medical Sciences

Sep 2012-Current

Multiple Sclerosis Research Center and Headache Research Center, Tehran University of Medical Sciences

Assistant professor

Jan. 2009-Current

University of Social Welfare and Rehabilitation Sciences (geriatric department)

Assistant professor

- Teaching to the student of MPH and PhD in geriatrics
- Referee of SALMAND journal

Jan 2016-Current

Bayer pharmaceutical company

Advisor (In Patient Support)

Jan 2009- Oct.2009

Cancer Institute: Tehran University

Research assistant

- Working on the validation and adaptation of Diet history questionnaire of cancer

Dec 2006 – April 2011

Khatam-al-Anbia Hospital (Epilepsy, Pain, Spinal Injury & geriatric clinic):

Tehran

Dietitian

- Dietary consultation
- Being familiar with symptoms and signs of neurological disease

Oct 2008 – April 2011

Shefa Neuroscience Research Center: Tehran

Research assistant

- Establishing the EAE (animal model of multiple sclerosis) and seizure model
- Working on animal model of cervical cancer
- Performing histological and biochemical tests
- Working with Stereotaxic, varbatome, cell work (for In vivo recording), florescent and optic microscope
- Cooperating in human studies. Gathering and analyzing the data.

Jan 2008-Jan 2009

Dana pharmaceutical company: Tehran

Scientific consultant

- Working on food supplements

Sept 2005 – Dec 2005

Emam khomeini General Hospital: Tehran University

Nutrition Consultant (apprenticeship)

- Working with patients
- Recommend diets according to patients special needs

July 2003 – Aug 2003

Abasabad Food Complex (ETKA): Tehran

Quality Control Assistant (apprenticeship)

- Performing microbial and biochemical tests on tomato paste

June 2003 – July 2003

ChocoPars Company: Tehran

Quality Control Assistant (apprenticeship)

- Performing microbial and biochemical tests on chocolate and jelly and cake powder

Professional Memberships

- International Headache Society & Iranian Headache Society
- MS (multiple sclerosis) Society of Iran
- American Dietetic Association
- Multiple Sclerosis Research Center, Neuroscience Institute, Tehran University of Medical Sciences
- Headache department, Iranian Research Center of Neurological disease, Tehran University of Medical Sciences
- Gerontology Research Center, University of Rehabilitation and welfare
- Research and Development Center, Imam Hossein Hospital, Shahid Beheshti University of Medical Sciences

Professional experience

- Educational deputy of geriatrics department, Tehran University of Medical sciences and member of residency promotion exam committee (Jan 2014-Jan 2015)
- Head of R&D department. Faculty of Nutrition Sciences and Food Technology, Shahid Beheshti University of Medical sciences (2015-current)
- Member of scientific committee of 3th national food intake survey of Iran (current)

Organizational/Administrative Experience

- Language: Fluent in English and German, and a little French
- Certificates:

- IELTS (2006) and CAE (2005) from the University of Cambridge
- TestDaf from TestDaf institute (Fern university in Hagen, Germany) (2006);
- Zertifikat Deutsch from Gothe-institut (2005)
- English teacher in Kanoon-e-Zaban institute (Sep 2003-Sep 2004)

Thesis under supervision

- The effect of probiotics supplementation on mild to moderate depression
- The effect of probiotics supplementation on ADHD
- The effect of probiotics supplementation on migraine headache
- The effect of saffron supplementation on anxiety
- The effect of epigallocatechin gallate supplementation on traumatic brain injury

Dissertation Title

"Effects of genistein and diadzein-extracted from soy- in prevention and treatment of animal model of Multiple Sclerosis (Experimental Allergic Encephalomyelitis -EAE) in mice

Research interests

- Medical nutrition therapy in neurological disorders.
- Nutrition therapy of the elderly
- Gut-CNS Axis

Computer Skills

Spss, Office programs, Photoshop, STATA

Publications

Articles

1. **RAZEGHI JAHROMI S**, ABOLHASANI M, GHORBANI Z, SADRE-JAHANI S, ALIZADEH Z. et al. 2018. Bariatric surgery promising in migraine control: A controlled trial on weight loss and its effect on migraine headache. *Obesity surgery* 28 (1), 87-96 (impact factor: 3.94)
2. MARTAMI F, GHORBANI Z, ABOLHASANI M, TOGHA M, MEYSAMIE A, SHARIFI A, **RAZEGHI JAHROMI S** (corresponding author). 2017. Comorbidity of gastrointestinal disorders, migraine, and tension-type headache: a cross-sectional study in Iran. *Neurological Sciences*. 1-8 (impact factor: 1.75)
3. TOGHA M, JAHANSHAHI M, ALIZADEH L, **JAHROMI SR**, VAKILZADEH G, ALIPOUR B. 2017. Rapamycin augments immunomodulatory properties of bone marrow-derived mesenchymal stem cells in experimental autoimmune encephalomyelitis. *Molecular neurobiology* 54 (4), 2445-2457. (impact factor: 6.2)
4. BAGHBAN RAHIMI S, MOHEBBI A, VAKILZADEH G, BIGLARI P, **RAZEGHI JAHROMI S**. et al. 2017. Enhancement of therapeutic DNA vaccine potency by melatonin through inhibiting VEGF expression and induction of antitumor immunity mediated by CD8+ T cells. *Archives of virology*, 1-11 (impact factor: 2.05)
5. JAFARNIA N, GHORBANI Z, NOKHOSTIN M, MANAYI A, NOURIMAJD S, **JAHROMI SR** (corresponding author). 2017. *Archives of Neuroscience* 4 (4)
6. MOGHADDASSI M, TOGHA M, SHAHRAM F, HANIF H, DADKHAH S, **JAHROMI SR**, et al. 2016. Headache in Behcet's disease: types and characteristics. *SpringerPlus* 5 (1), 1077
7. SAHRAIAN MA, NAGHSHINEH H, SHATI M, **JAHROMI SR**, REZAEI N. 2016. *Multiple sclerosis and related disorders* 10, 82-85. (impact factor: 2.34)
8. **RAZEGHI JAHROMI S**, SAHRAIAN MA, TOGHA M, SEDIGHI B, SHAYGANNEJAD V. 2016. Iranian consensus on use of vitamin D in patients with multiple sclerosis. *BMC Neurology* 16 (1), 76 (impact factor: 2.56)
9. HATEF B, HASHEMIRAD F, MEFTAHI GH, SIMORGH L, **RAZEGHI JAHROMI S**, RAHIMI F, TOGHA M. 2016. The efficiency of pulsed electromagnetic field in refractory migraine headaches: a randomized, single-blinded, placebo-controlled, parallel group. *International Journal of Clinical Trials* 3 (1), 24-31
10. **RAZEGHI JAHROMI S**, GHAEMI A, ALIZADEH A, SABETGHADAM F, MORADI TABRIZ H, TOGHA M. 2016. Effects of Intermittent Fasting on Experimental Autoimmune Encephalomyelitis in C57BL/6 mice. *Iranian Journal of Allergy, Asthma & Immunology*, 15 (3), 212-219 (impact factor: 1.05)
11. **RAZEGHI JAHROMI S**. 2015. Is it safe for Multiple Sclerosis patients to fast? *Journal of Fasting and Health* 3 (4), 144-147.
12. TAGHDIRI F, TOGHA M, **RAZEGHI JAHROMI S** & PAKNEJAD S. M. H. 2015. Celecoxib vs Prednisone for the Treatment of Withdrawal Headache in Patients with Medication Overuse Headache: A Randomized,

Double-Blind Clinical Trial. *Headache: The Journal of Head and Face Pain*, 55(1), 128-135. (impact factor: 2.81)

13. **RAZEGHI JAHROMI S.**, ARREFHOSSEINI SR, GHAEMI A, ALIZADEH A, MORADI TABRIZ H, TOGHA M. 2014. Alleviation of experimental allergic encephalomyelitis in C57BL/6 mice by soy daidzein. *Iranian Journal of Allergy, Asthma & Immunology*. 13(4): 256-264 (Impact factor: 1.05)
14. TAGHDIRI F, TOGHA M, **RAZEGHI JAHROMI S.** REFAEIAN F. 2014. Cinnarizine for the prophylaxis of migraine associated vertigo: a retrospective study." *SpringerPlus* 3(1): 1-5
15. **RAZEGHI JAHROMI S.**, SAHRAIAN MA, ASHTARI F, AYRAMLO H, ETEMADIFAR M, ET AL. 2014. Islamic fasting and Multiple Sclerosis. *BMC Neurology*. 14: 56 (impact factor: 2.56)
16. SADRE-JAHANI S, ABOLHASSANI M, DEGHANI S, JALILI M, TALEBPOUR M, IMANI H, **RAZEGHI JAHROMI S.** 2013. Relationship between nutrient intake and body composition one year after bariatric surgery. *International Research Journal of Applied and Basic Sciences*. 7 (14): 1177-1183
17. **RAZEGHI JAHROMI S.**, ARREFHOSSEINI SR, GHAEMI A, ALIZADEH A, SABETGHADAM F, TOGHA M. 2013. Effect of oral genistein administration at early and late phase of allergic encephalomyelitis. *Iranian Journal of Basic Medical Sciences*. 17: 509-515 (Impact factor: 1.42)
18. **RAZEGHI JAHROMI S.**, BIDADIAN M., ABOLHASANI M., KOTI L. 2013. Comparison of obesity /psychological disorders comorbid between older and younger adult women. *Psychology*. 4(11): 1-3. (Impact factor: 0.16)
19. AALAMI HARANDI S., TOGHA M., SADATNASERI A., HAMED HOSSEINI S., **RAZEGHI JAHROMI S.** Cardiovascular risk factors and migraine without aura: a case-control study. *Iranian Journal of Neurology*. 12 (3).
20. **RAZEGHI JAHROMI S.**, ABOLHASANI M., TOGHA M. 2013. The effect of body fat mass and fat free mass on migraine headache. *Iranian Journal of Neurology*. 12 (1): 23-27.
21. KARIMZADEH F., JAFARIAN M., GHARAKHANI M., **RAZEGHI JAHROMI S.**, GORJI A. 2013. Behavioural and histopathological assessment of the effects of periodic fasting on pentylenetetrazol-induced seizures in rats. *Nutritional Neuroscience*. 16(4): 147-152. (Impact factor: 1.56)
22. **RAZEGHI JAHROMI S.**, TOGHA M., RAZEGHI JAHROMI M., ALOOSH M. 2012. Dietary patterns and risk of multiple sclerosis. *Iranian Journal of Neurology*. 11 (2): 47-53
23. TOGHA M., GHEINI MR., AHMADI B., KHASHAIAR P., **RAZEGHI S.** 2012. Lipid profile in cerebrovascular accidents. *Iranian Journal of Neurology*. 10 (2): 1-4
24. HAMIDIAN Y., TOGHA M., NAFISI S., DOWLATSHAHI S., **RAZEGHI JAHROMI S.**, BELADI MOGHADAM N., NAMAZI N., TAJIK P., MAJED M., ALOOSH M. 2012. Antigen antibody in sporadic adult ataxia. *Iranian Journal of Neurology*. 10 (1): 16-20
25. KAZEMI H., HASHEMI-FESHARAKI S., **RAZEGHI S.**, NAJAFI M., KOLIVAND PH., KOVAC S., GORJI A. 2012. Intractable epilepsy and craniocerebral trauma: Analysis of 163 patients with blunt and penetrating

- head injuries sustained in war. *Injury*. 43 (12): 2132-35.(impact factor:2.336)
26. GHAEMI A., SOLEIMANJAH H., **RAZEGHI S.**, GORJI A., TABARAEI A., MORADI A., ALIZADEH A., VAKILI MA. 2012. Genistein induces a protective immunomodulatory effect in a mouse model of cervical cancer. *Iran J Immunol*. 9(2):119-27. (impact factor:0.058)
 27. **RAZEGHI JAHROMI S.**, TOGHA M., HASHEMI FESHARAKI S., NAJAFI M., BELADI MOGHADAM N., ARAB KHERADMAND J., GORJI A. 2011. Gastrointestinal adverse effects of antiepileptic drugs in intractable epileptic patients.. *Seizure*. 20 (40): 343-6.(impact factor:2.233)
 28. GHARAKHANI M., **RAZEGHI JAHROMI S.**, SADEGHIAN H., KAZEMI H., GORJI A. 2011. Potential drug interactions in war-injured veterans. *Iranian Journal of Pharmacology & Therapeutics*. 10 (10)
 29. **RAZEGHI S.**, HOSSEINI S., RAZEGHI E., MEISAMI A., SADRZEDE H., 2010. Factors associated with malnutrition in hemodialysis patients. *Saudi Journal of Kidney Diseases and Transplantation*, 21(5): 846-851. (impact factor: 0.99)
 30. GHAEMI A., GILL P., SOLEIMANGAHI P., **RAZEGHI JAHROMI S.**, 2010. Recombinant γ -phage nanobioparticles for tumor therapy in mice models. *genetic vaccine and therapy*, 8(3): 1-7. impact factor: 2.1
 31. AKHONDZADEH S., SHAFIEE S., HARIRCHIAN M., TOGHA M., CHERAGHMAKANI H., **RAZEGHI S.**, HEJAZI S., YOUSEFI S., ALIMARDANI M., JAMSHIDI R., REZAZADEH A., YOUSEFI SA., ZARE A., MORADI F., VOSSOUGH A., 2010. A 22- week, multi-center, randomized, double blind controlled trial of Crocus sativus in the treatment of mild to moderate Alzheimers disease. *Psychopharmacology*. 207: 637-643. (impact factor: 4.1)
 32. AKHONDZADEH S., SHAFIEE S., HARIRCHIAN M., TOGHA M., CHERAGHMAKANI H., **RAZEGHI S.**, HEJAZI S., YOUSEFI S., ALIMARDANI M., JAMSHIDI R., REZAZADEH A., YOUSEFI SA., ALIMARDANI R., JAMSHIDI A., ZARE F., MORADI F., 2010. Saffron in the treatment of patients with mild to moderate Alzheimer's disease: a 16-week, randomized and placebo-controlled trial. *Journal of clinical pharmacy and therapeutics*. 10 (1111): 1-8. (impact factor: 1.67)
 33. **RAZEGHI S.**, AREFHOSSEINI SR., MEHRANGIZ EBRAHIMI M., TOGHA M., ROSHANGAR L., TARIHI T., 2010. Prevention of Animal Model of Multiple Sclerosis by oral genistein, extracted from soy bean. *Iranian Journal of Neurology*. 8(26-27): 505-510.
 34. TOGHA M., RAHMAT M., NILAVARI K., ASHRAFIAN H., **RAZRGHI S.**, KOHAN L, 2008. Cinnarizine in refractory migraine prophylaxis: efficacy and tolerability. A comparison with sodium valproate. *The Journal of Headache and Pain*, 9(2): 77-82 (impact factor: 2.137)
 35. TOGHA M., AHMADI B., AKHONDZADEH S., **RAZEGHI S.**, 2008. Allopurinol in refractory epilepsy: A double-blind study. *Tehran University Medical Journal*, 65(11): 23-27
 36. TOGHA M., AKHONDZADEH S., MOTAMED I M., AHMADI B., **RAZEGHI S.**, 2007. Allopurinol as adjunctive therapy in intractable epilepsy: A double-blind and placebo-controlled trial. *Archives of Medical Research*. 38(3): 313-316 (impact factor: 1.884)
 37. **RAZEGHI JAHROMI S.**, TOGHA M., ABEDINI PARIZANI M., KHASHAYAR P., 2006. Evaluating the effect of Piridoxin (B6 Vitamin) on

reducing signs of premenstruation syndrome in 16 to 45-year-old females.
Iranian Journal of Neurology, 5 (13): 12-18

Books

- **RAZEGHI JAHROMI S.** 2014. Junk food. *MIRMAH publication*
- **RAZEGHI JAHROMI S.**, DEGHAN S., KAZEMI H., KHAJAVI M. 2014. Nutrition and fitness. *MIRMAH publication*
- KAZEMI H., KOLIVAND P., SHAHROKHI SH., BAGHERI K., **RAZEGHI JAHROMI S.** 2013. Nutrition in neurological disease. *Mirmah publication*
- **RAZEGHI JAHROMI S.**, TOGHA M. 2006. Medical Nutrition Therapy for Neurologic Disorders. *Salekan publication*
- **RAZEGHI JAHROMI S.** 2006. Daily diet. *Salekan publication*

Books under review and in process

- **RAZEGHI JAHROMI SOODEH,** SAHRAIAN MOHAMMAD ALI, AZ-Multiple Sclerosis, the chapter of Food and Lifestyle in Neurological Autoimmune disease, Elsevier
- HAJI FARAJI M, **RAZEGHI JAHROMI S,** Encyclopedia of Islamic Bioethics, the chapter of diet, Oxford University press
- AKHONDZADEH S., **RAZEGHI JAHROMI S.** Food and Mind.

Oral and Poster Presentations in Congresses

1. TOGHA M, YARI Z, RAHMANZADEH R, **JAHROMI SR**, GHORBANI Z. 2017. Co morbidities in Chronic and Episodic Migraine. 11th European Headache Federation Congress- EHF (Poster presentation)
2. SEYFI-SHAHPAR M, MARTAMI F, TOGHA M, GHORBANI Z, **JAHROMI SR**, ANSARI H. 2017. The Effects of probiotic supplementation on chronic migraine (CM) headache: a randomized placebo-controlled double-blind study. 11th European Headache Federation Congress- EHF (Poster presentation)
3. MARTAMI F, SEYFI-SHAHPAR M, GHORBANI Z, **JAHROMI SR**, TOGHA M, ANSARI H. 2017. Multi-species probiotic mixture can attenuate the severity of episodic migraine-a double blind randomized controlled trial. 18th Congress of the International Headache Society – IHC (Poster presentation)
4. SEYFI-SHAHPAR M, ABOLHASANI M, **JAHROMI SR**, MARTAMI F, TOGHA M. 2017. The Effects of Aerobic Exercise on migraine headache intensity. 18th Congress of the International Headache Society – IHC (Poster presentation)
5. ABOLHASANI M, **JAHROMI SR**, SAHRAIAN MA. The effect of Mediterranean diet and exercise as a complementary therapy in fatigue of patients with relapsing remitting MS (RRMS). 2016. 32nd Congress of European Committee for Treatment and Research in Multiple Sclerosis-ECTRIMS (Poster presentation).
6. **JAHROMI SR**, TOGHA M. 2016. Vitamin B compound could be effective in menstrual related migraine. 5th European Headache and Migraine Trust International Congress – EHMTIC (poster presentation)
7. MARTAMI F, ABOLHASANI M, JAHROMI SR, MARYAM S, TOGHA M. The comparison of strengthening exercise efficacy between tension headache plus neck pain and cervicogenic headache. 5th European Headache and Migraine Trust International Congress – EHMTIC (poster presentation)
8. JAFARNIA N, **RAZEGHI JAHROMI S**, NOKHOSTIN M, MANAYI A. 2016. The effect of saffron (*Crocus sativus* L.) in the treatment of mild to moderate generalized anxiety disorder: a double blind randomized controlled trial. 23rd International Congress of Neurology & Clinical Electrophysiology of Iran.
9. **RAZEGHI JAHROMI S**, 2015. Unapproved effective therapies in multiple sclerosis: nutritional intervention. 13th international multiple sclerosis congress. Sari, Iran (Oral presentation)
10. **RAZEGHI JAHROMI S**, 2015. Unapproved effective therapies in headache: nutritional intervention. 4th international headache conference, Tehran (Oral presentation)
11. **RAZEGHI JAHROMI S.**, ABOLHASANI M., TOGHA M. 2015. Comorbidity of gastrointestinal disorders and migraine. 17th Congress of the International Headache Society – IHC (Poster presentation)
12. **RAZEGHI JAHROMI S.**, ABOLHASANI M., TOGHA M. 2014. The effect of body fat mass and fat free mass on migraine headache. 4th European Headache and Migraine Trust International Congress – EHMTIC (poster presentation)
13. **RAZEGHI JAHROMI S**, ARREFHOSSEINI SR, GHAEMI A, ALIZADEH A, SABETGHADAM F, TOGHA M, DUSTI R. 2014. Alleviation of experimental allergic encephalomyelitis in C57BL/6 mice by soy daidzein. Joint Meeting of the 20th Biennial Meeting of the International Society for

- Developmental Neuroscience and the 5th Annual NeuroDevNet Brain Development Conference-ISDN (Poster presentation)
14. KARIMZADEH F, JAFARIAN M, **RAZEGHI JAHROMI S**, GORJI A. 2014. The antiepileptic role of metabotropic glutamate type-1 α receptor in WAG/Rij rats. 2014. ISDN (Poster presentation)
 15. KARIMZADEH F, SAJADIAN A, ESTEGHAMAT S, ESHAGHABADI A, SIEG F, MEUTH S, SEIDENBERG T, BUDDE T, **RAZEGHI JAHROMI S**, GORJI A. 2014. Behavioral and histopathological assessment of the effect of neural registration peptides 2945 on pentylenetetrazol-induced seizures in rats. ISDN (Poster presentation)
 16. KARIMZADEH F, JAFARIAN M, **RAZEGHI JAHROMI S**, GORJI A. The expression of NMDA receptor NR_{2B} subunit in animal model of absence epilepsy. ISDN (Poster presentation)
 17. **RAZEGHI JAHROMI S**, TOGHA M. 2014. Mediterranean diet and neurological disease. 21st international congress of neurology and clinical electrophysiology (poster presentation)
 18. **RAZEGHI JAHROMI S**, ABOLHASANI M, MEYSAMIE A, TALEBPOUR M, SADRE-JAHANI S, TOGHA M. 2014. A cross-sectional study of migraine improvement after diet/exercise-induced weight loss or bariatric surgery. 24th European Neurological Society-European Federation of Neurological Societies joint congress (poster presentation)
 19. SADRE-JAHANI S, **RAZEGHI JAHROMI S**, ABOLHASSANI M, JALILI M, DEGHANI, TALEBPOUR M, IMANI H. 2013. Relationship between healthy eating index and body composition one year after bariatric surgery. 7th international congress of minimally invasive surgery. Tehran, Iran (As a poster)
 20. SADRE-JAHANI S, ABOLHASSANI M, JALILI M, **RAZEGHI JAHROMI S**, DEGHAN S, TALEBPOUR M, IMANI H. 2013. Relationship between nutrient intake and body composition one year after bariatric surgery. The 4th national congress of obesity. Tehran-Iran (Oral presentation)
 21. ABOLHASANI M, **RAZEGHI JAHROMI S**, TOGHA M, SAHRAIAN MA. The effect of continuous low dose creatine supplementation on fatigue in MS. 1st International Iranian Congress on Devic Syndrome-Isfahan- Iran (As a poster)
 22. **RAZEGHI JAHROMI S.**, IMANI H. 2013. Nutrition and neurological disease. 20th international congress of neurology and clinical electrophysiology. Tehran-Iran (Oral presentation)
 23. **RAZEGHI JAHROMI S.**, ABOLHASANI M., BIDADINAN M. 2013. Comparison of obesity/psychological disorders co morbid between middle aged and old women. 20th international congress of geriatrics and gerontology. Seoul, Korea (As a poster)
 24. **RAZEGHI JAHROMI S.**, GHAEMI A., ALIZADEH A., TOGHA M. 2012. Periodic fasting mediates suppression of T-cell proliferation in experimental autoimmune encephalomyelitis. 9th international multiple sclerosis congress. Tehran, Iran (Oral presentation)
 25. **RAZEGHI JAHROMI S.**, ABOLHASANI M. 2012. Effect of weight on healthy aging. 3ed health promotion congress. Sari, Iran (As a poster)
 26. ABOLHASANI M., **RAZEGHI JAHROMI S**. Effect of exercise on healthy aging. 3ed health promotion congress. Sari, Iran (As a poster)
 27. **RAZEGHI JAHROMI S.**, 2011. Effect of early nutrition on brain. Congress on Brain, Mind and Education in children. Tehran-Iran (As a poster)
 28. **RAZEGHI JAHROMI S.**, GHAEMI A., TOGHA M., ALIZADEH A., KAFAMI L., 2011. Effects of intermittent fasting on experimental autoimmune

- encephalomyelitis. 8th International Congress on Multiple Sclerosis. Mashhad-Iran (As a poster)
29. **RAZEGHI JAHROMI S.**, GHARAKHANI M., 2010, Dose calorie restriction helps epileptic patients? International epilepsy congress. Mashhad-Iran (As a poster)
 30. **RAZEGHI JAHROMI S.**, TOGHA M., GHAEMI A., ALIZADEH A., 2010. Oral genistein, extracted from soy bean, exerts protective properties in animal model of multiple sclerosis (autoimmune encephalomyelitis) 20th meeting of the European Neurological Society. Berlin-Germany (As a poster)
 31. TOGHA M., HAMIDIAN Y., NAFISI S., DOWLATSHAHI S., **RAZEGHI JAHROMI S.**, 2010. Antigliadin antibody in sporadic adult ataxia. 20th meeting of the European Neurological. Berlin-Germany (As a poster)
 32. TOGHA M., **RAZEGHI JAHROMI S.**, BELADIMOGHADAM N., SHAH A., 2010. Short-term corticosteroid therapy in medication overuse headache, prednisolon versus dexametason. 20th meeting of the European Neurological Society. Berlin-Germany (As a poster)
 33. TOGHA M., MOSSARREZAYI A., MAJED M., PAKNEJAD H., **RAZEGHI JAHROMI S.**, 2009. Isolated vertigo and possibility of brain ischemia: evaluation by Diffusion Weighted Magnetic Resonance Imaging. The 19th meeting of the European Neurological Society. Milan-Italy (As a poster)
 34. **RAZEGHI JAHROMI S.**, TOGHA M., 2009. Obesity and pain. The 1st International Meeting of Pain. Bandar-e-Anzali-Iran (oral presentation)
 35. TOGHA M., **RAZEGHI JAHROMI S.**, 2009. Cardiovascular risk factors in migraine without aura. The 1st Iranian Headache Seminar. Tehran-Iran (As a poster)
 36. TOGHA M., **RAZEGHI JAHROMI S.**, 2009. Pregabaline in trigeminal neuralgia. The 1st Iranian Headache Seminar. Tehran-Iran (As a poster)
 37. TOGHA M., **RAZEGHI JAHROMI S.**, 2009. Short-term corticosteroid therapy in medication overuse headache. The 1st Iranian Headache Seminar. Tehran-Iran (As a poster)
 38. **RAZEGHI JAHROMI S.**, 2008. Major dietary patterns of MS patients. 5th International Congress on Multiple Sclerosis. Tehran-Iran (oral presentation)
 39. **RAZEGHI S.**, HOSSEINI S., RAZEGHI E., MEISAMI A., SADRZEDE H., 2008. Comparison of bioelectric impedance and anthropometric measurements in assessing fat and somatic protein stores in patients under chronic hemodialysis. (As a poster)
 40. **RAZEGHI JAHROMI S.**, TOGHA M., 2008. Gastrointestinal side effects of antiepileptic drugs. The 18th meeting of the European Neurological Society. Nice-France(As a poster)
 41. **RAZEGHI JAHROMI S.**, TOGHA M., ABEDINI PARIZANI M., KHASHAYAR P., 2008. Effects of Piridoxin (B6 Vitamin) supplement on reducing the signs of premensturation syndrome. The 1st Congress of Nutrition Students. Tehran-Iran (oral presentation)
 42. **RAZEGHI JAHROMI S.**, 2008. Atkins diet in refractory epilepsy. 5th Epilepsy Congress. Tehran-Iran (As a poster)
 43. **RAZEGHI JAHROMI S.**, 2008. Bergamontin and metabolic syndrome.. 1st congress of metabolic syndrome. Tabriz-Iran (As a poster)
 44. **RAZEGHI JAHROMI S.**, Togha M., Abedini Parizani M., Khashayar P., 2007. Effects of Piridoxin (B6 Vitamin) supplement on reducing the signs of premensturation syndrome. 14th International Congress of Neurology and Clinical Electrophysiology. Tehran-Iran (As a poster)

45. **RAZEGHI JAHROMI S.**, 2006. Dietary Recommendation in Myasthenia Gravis. 13th International Congress of Neurology and Clinical Electrophysiology. Tehran-Iran (As a poster)
46. **RAZEGHI JAHROMI S.**, 2005. Nutritional guides in Epilepsy. 2nd Epilepsy Congress. Tehran University of medical sciences, Tehran-Iran (Oral presentation)
47. **RAZEGHI JAHROMI S.**, 2005. Dietary Recommendation in Multiple Sclerosis. 2nd International Congress on Multiple Sclerosis. Tehran-Iran (As a poster)
48. **RAZEGHI JAHROMI S.**, 2005. Nutritional in Alzheimer's Disease. Twelve International Congress of Neurology and Clinical Electrophysiology. Tehran-Iran (As a poster)
49. **RAZEGHI JAHROMI S.**, 2004. Nutritional in Multiple Sclerosis. 1st International Congress on Multiple Sclerosis. Tehran-Iran (As a poster)

Congress chair person

1. 1st nutritional neuroscience conference, 2014. Tehran, Iran
2. 1st nutrition and MS conference, 2015. Tehran, Iran
3. 1st nutrition and spinal cord injury, 2016, Tehran, Iran

Thesis under supervision

1. Nutritional risk factors in NMO
2. Effect of Nanocrocine in modulating mild to moderate depression and cognition of RRMS patients
3. Effect of Protexin Synbiotic supplement on chronic migraine headache
4. Effect of Protexin Synbiotic supplement on episodic migraine headache
5. Effect of Protexin Synbiotic supplement on ADHD
6. Effect of Familact Synbiotic supplement on mild to moderate depression
7. Effect of Saffron on major anxiety disorder

Proposals

1. RAZEGHI JAHROMI SR (PI), NASERMOGHADASI AR, GHAEMI A, KHAKSAR R, GHORBANI Z. The analysis of the microbiome of the gastrointestinal tract and dietary intake in newly diagnosed patients with multiple sclerosis. National Institute for Medical Research Development, Iran
2. RAZEGHI JAHROMI SR (PI), SALEHI A, KARIMZADEH F, ALIZADEH A, MOGHADASI AR, et al. Effect of Nanocrocine of saffron in cognitive disorder. Tehran University of Medical sciences.
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